

## Dates to Note

|                                      |  |
|--------------------------------------|--|
| <b>Sunday 13<sup>th</sup> May</b>    | <b>Club BBQ and Learn to Row demonstration to Parents Day.</b> |
| <b>Monday 21<sup>st</sup> May</b>    | <b>Committee Meeting at 5.30pm at the Shed.</b>                |
| <b>Saturday 16<sup>th</sup> June</b> | <b>Club Working Bee to tidy up and maintain the sheds.</b>     |



[www.gisbornerowingclub.co.nz](http://www.gisbornerowingclub.co.nz)

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Gisborne

## **MAY NEWSLETTER 2012**

### **Club BBQ, Season End and Learn to Row Demonstration to Parents**

Not only is it Mothers Day on 13<sup>th</sup> May, it is a chance to show your mother (and Dad too) your newly acquired rowing skills and why not treat Mum with a club BBQ after training on Sunday? Bring a plate and Mum and Dad could BYO wine or beer. The demonstration of Rowing Skills will commence at 2pm, and parents and caregivers are welcome to attend at any time during the afternoon. BBQ will start at 4pm.

### **All club members are welcome**

Bring a plate (and if you're over 18 BYO wine or beer) and enjoy the BBQ.



*This is also our way of saying thank you to all existing Gisborne Rowing Club members and coaches for their help and support with the Learn to Row Programme*

### **Winter Training Programme**

#### **Masters and Senior Rowers**

Our winter training programme continues with the Masters and senior rowers' numbers increasing each week. It's great to see you out on the water and having so much fun. Please remember to complete your Membership Form - see our website for the Winter Training form. This is important so that we can keep in touch with you and so that you can become a member of the club.

## **School Aged Rowers**

We have coaches willing to train crews over the winter season. There is a club regatta being organised at Clive in the Hawkes Bay for July this year. It would be great to enter both our new and existing rowers in this regatta.

In the meantime, so that we can start the process of organising our rowers and coaches, we have asked that participants in the Learn to Row programme indicate if they would like to continue with Rowing and whether they would like to be a recreational or competitive rower. So that parents and caregivers can help them to make an informed decision, here is some information about the choices available.

There is a \$50 fee for Winter Training which will run from May to September 2012. On 1<sup>st</sup> October the Club starts its new season and an annual subscription is charged from 1<sup>st</sup> October to 30<sup>th</sup> September each year. The cost of these subscriptions are discussed at the Annual General Meeting of the Club in September and all members, their parents and caregivers are welcome to attend this meeting to voice your views on subscriptions and the way the club is run.



### **Recreational Rowers** - Current Subscription \$200 per annum

We have coaches for recreational rowers. These rowers will not compete in Club regattas other than Blue Lakes and LVA Wairoa. Please see Schedule of Regattas. The cost over a season for a recreational rower is approximately \$325 per season. This can be paid by automatic payments and will cost \$6.25 per week.

A recreational rower will not be assigned a crew and will row with other recreational rowers. Although coaching will be given, the rower will not develop their skills to the same extent as a Competitive Rower. Recreational Rowers will train independently from Competitive Rowers.

### **Competitive Rowers** – Current Subscription \$250 per annum

We have some excellent coaches for Competitive Rowers. These rowers will compete in Club Regattas. Please see Schedule of Regattas. The cost over a season for a competitive rower is approximately \$800. This can be paid by automatic payments and will cost 15.50 per week.

Competitive Rowers also often compete in school regattas. The Rowing Club is unable to subsidise these regattas and competing in these can cost up to \$600. This also depends on the school and how they subsidise their sportspeople. The Rowing Club does contribute as much as possible to these school events to ensure that Gisborne Rowers have the opportunity to compete in these regattas.

Competitive rowers will train in their crew and will train up to 4-6 times per week during the height of the season. You will get very fit, very disciplined and form strong relationships with those on your crew and with other competitive rowers within the club.

Rowers not returning to school next year can be competitive and row in Club events. The Rowing Calendar is set up to ensure this so that those going to further education or into work can still compete during the season. Most regattas are held at the beginning of the year so as not to interfere with school work and exams.

### **Regatta Schedule**

This schedule is based on the Competitive Rowers rowing 2011/12 Season. Costs include a generous \$7000 grant from NZCT for transport and accommodation.

| <b>Regattas</b>                | <b>Dates</b> | <b>Who attends</b> | <b>Cost</b>        |
|--------------------------------|--------------|--------------------|--------------------|
| Hawkes Bay July Regatta        | July         | Competitive Rowers | In planning stages |
| LVA Wairoa                     | October      | All Rowers         | \$25               |
| North Island Clubs             | January      | Competitive Rowers | \$135              |
| Blue Lakes Rotorua             | January      | All Rowers         | \$100              |
| Cambridge Town Cup             | January      | Competitive Rowers | \$125              |
| Mighty River Domain Age Groups | February     | Competitive Rowers | \$145              |
| North Island Secondary Schools | March        | School Rowers      | \$210              |
| Maadi Cup                      | March        | School Rowers      | \$399              |

The above schedule is to give an indication of the regattas Gisborne Rowing Club attend and historic pricing of regattas. It does not include fundraising activities by rowers and is dependent on receiving a travel and accommodation grant. Unless otherwise specified regattas are held at Lake Karapiro.

***Hopefully we have given enough information to make a decision on where to from here with rowing! Rus and Liz are available from 1.45pm this Sunday to answer any further questions. You could also contact us as follows.***

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### **Committee Meeting on 21<sup>st</sup> May**

All members and parents/caregivers are welcome to attend our committee meetings should you wish to. The next meeting is held on Monday 21<sup>st</sup> May at 5.30pm at the Sheds. We meet in the little room at the very back of the shed – just follow our voices if you would like to attend!

***See you all on Sunday!***

