

### Dates to Note

**14-16 December @ Karapiro (senior rowers only)**  
**19<sup>th</sup>-20<sup>th</sup> January Blue Lakes, Rotorua**  
**25<sup>th</sup> – 27<sup>th</sup> January Cambridge Town Cup (Karapiro)**  
**8<sup>th</sup>-10<sup>th</sup> February KRI Club, (senior rowers only)**

### Coming up soon

**Row-a-Thon 8<sup>th</sup> December this Saturday!**  
**(Wear your club colours)**



[www.gisbornerowingclub.co.nz](http://www.gisbornerowingclub.co.nz)  
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Gisborne

Hi all, wow we are into the silly month already, time is flying by. We have a couple of events approaching us this month, like the row a thon, where I hope you have all been busy getting sponsors for your child's row a thon on this Saturday. The money your child makes on this will go to offset their fees and any costs that occur with them competing in regattas.

We need parent help on most of our regattas so please if you are able to come along and help on these please let myself Jo or Russ, or your child's coaches know ASAP. Without parent help we cannot go on these regattas as the coaches cannot be in two places at once. There are lists explaining what to do, but generally it is to help in the kitchen, preparing food for our hungry rowers and if you are a guy helping lift boats at racing time. We are always looking for someone to tow the boat trailer if there is anyone out there that can do that.

"The Annual Row-a-thon will take place on 8<sup>th</sup> December 2012 and runs for 12 hours from 8am until 8pm. We will be located outside of Sun City Pharmacy and will also be running a bake sale and raffle at the same time. Please wear club colours either your singlets that were issued to you, and, or the club hoodies.

### CHRISTMAS PARTY

We had a great Christmas party at Glenn's place, thank you Glenn by the way for offering your house, it was well attended, in fact the biggest we have had for some time and everyone had a great time. The food was exceptional and plentiful and Glenn and his flat mates were very pleased that there were left overs.

### COACHES COURSE

Our wonderful coaches attended a coach's course last weekend held at the Gisborne Scouts Hall above the Gisborne Rowing Club sheds. Visiting mentors and Hawkes Bay Coaches for New Zealand Rowing tutored our coaches in many facets about coaching our rowers. So now they will have renewed information and lots of zest and tricks to teach our up and coming rowers for the rowing season.

THANK YOU BLUEHOUSE COMPUTING FOR THEIR GENEROSITY IN LOANING US THE PROJECTOR FOR THE COACHING COURSE.

*Committee Members are present at the shed on Sunday afternoons towards the end of training. Please feel free to contact us then or by email [info@gisbornerowingclub.co.nz](mailto:info@gisbornerowingclub.co.nz)*

**WAIROA TRAINING**

*The girls will be traveling to Wairoa for their last training and coaching session with Condy. This has been an invaluable time for our rowers, thank you to those parents and coaches who have volunteered their time to get rowers to this event.*

*The Notice board on the back wall of the club by the erg room has all sorts of information on it and there is a calendar showing upcoming events on the front of the Gisborne Boys High Rowing Shed.*

*Our fabulous website [www.gisbornerowingclub.co.nz](http://www.gisbornerowingclub.co.nz) is frequently updated and you can also find us on Facebook.*

The Gisborne Rowing Club Committee