

www.gisbornerowingclub.co.nz
Email info@gisbornerowingclub.co.nz
P.O. Box 3070
Gisborne

ANOTHER JUNE NEWSLETTER 2012



A big **Thank You** to everyone for your help at the Working Bee. The GRC shed has been waterproofed and had a great tidy up. The Gisborne Boys High Shed has also had a good tidy and we hope that we will be able to keep both sheds clean and tidy as long as possible!

Training at Wairoa Rowing Club

Gisborne Rowing Club has the opportunity to train at Wairoa Rowing Club on their lovely straight, wide river and under the watchful eye of the East Coast Rowing Association's Head Coach. Not only will our rowers benefit from these sessions, but our coaches will also learn from this very experienced coach, (known as Condy). Rowing is all about training hard and learning to improve not only for the rowers, but also for our coaches.

Travel to and from Wairoa at this stage will be paid for by Gisborne Rowing Club, however a fundraising activity will be planned to help us finance these sessions.

Rowers need to bring the following to Wairoa when attending training there – A set of warm, dry clothes

Towel

Drink bottle and packed lunch

Rowers going to Wairoa this weekend will be advised by their coaches to meet at the Sheds at 8am on Sunday morning.

Junior Regatta at Hawkes Bay 14th and 15th July

There is a Junior Regatta for all novices, 1st and 2nd season rowers in Hawkes Bay on 14th and 15th July. Accommodation has been secured at the Watties site.

Rowers will require sleeping bags and pillows. Approximate cost of this regatta is \$50 per rower.

This is a fun regatta for all Junior Rowers in the Tauranga, Hawkes Bay and Gisborne Rowing Club. There will be plenty of opportunity to practise rowing in a friendly regatta environment. More information to follow.

Any parents wanting to come along to either a Wairoa training session or to the Hawkes Bay Regatta are most welcome. Please contact Liz on 867 0076 or email liz@qpl.co.nz